

# WINTER GUIDE

Hi!

## **Welcome to the Sherwood Park Alliance Church 2024/ 2025 Winter Guide**

Thank you for taking time to flip through, we hope it's helpful!

**This guide includes all things  
happening at the church this Winter,  
December 2024 - March 2025**

**Stay up to date by subscribing to our  
newsletter: [spac.ca/subscribe](https://spac.ca/subscribe)**



A graphic featuring the text "Christmas in the Park" in a serif font. Below the text is a lit red candle with a yellow flame. The background is dark blue with concentric circles and small yellow stars, resembling a night sky or a stylized sun/moon.

# Christmas in the Park

**Monday, December 23rd | 6pm**

**Tuesday, December 24th | 2pm, 4pm, 6pm**

Everyone is welcome to Christmas in the Park at  
Sherwood Park Alliance Church.

Child care will be provided for those under 3 years old.  
Capture the joy of the season with your loved ones! Join  
us for complimentary family portraits, available before  
and after our Christmas Eve services.

## Join us

Monday, Dec 23rd 6pm

Tuesday, Dec 24th 2pm, 4pm, 6pm

Sherwood Park Alliance Church - 1011 Clover Bar Road - [www.spac.ca](http://www.spac.ca)



JANUARY 18TH

# MEN'S <sup>spac</sup> BREAKFAST

CONNECT | EAT | EQUIP

WELCOME TO ALL MEN

FOR MORE  
INFORMATION &  
TO REGISTER



[SPAC.CA/MENSBREAKFAST](https://spac.ca/mensbreakfast)



**Groups matter because they invite you into a place of deep community where you are known, loved and encouraged to grow in your walk with Jesus. We know community begins when we move from sitting in rows, to doing life in circles together.**

**Immediately after the service, we want to invite you to our Groups Open House hosted in the atrium, where we want to help you journey into deep community.**

**Saturday, January 25th  
& Sunday, January 26th**





# GRIEF

&

# LOSS

and your brain

Mental Health Seminar with SPAC Care Ministry & Lee Andrus CT, MTS

## Care Ministry Seminar With Lee Andrus CT, MTS.

This free Mental Health Seminar will be about Grief, Loss and your brain. Giving you tools to help yourself and help others.

## Everyone is welcome!

**TUESDAY, JANUARY 21ST @ 7:00 PM**  
**NO REGISTRATION REQUIRED.**  
**THIS IS A FREE EVENT.**



# *Unpack the Christian faith together.*

*01 Meet new people.*

*02 Unpack life's big questions.*

*03 Have an open conversation.*

*And that's it.*



## Alpha Course

Alpha is open to everyone, for those who are looking for life answers and to those who are new in the faith. We'll connect over a meal, watch a short thought-provoking video, and jump into real authentic conversations around tables!

**Starting Thursday,  
February 6 at 6PM**



# Groups

Life | Medium Size | Support



Groups are a place for people from all walks of life to get together and find community, where they can be known, loved and encouraged in their life and walk with Jesus.



Life Groups offer an opportunity to grow your faith while creating deep and meaningful connections with other believers in a small and more intimate setting.

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Feeling new or disconnected? Medium-sized groups are a great place to start! Find a group that's right for you and join others who are doing the same.



We all face challenges and life circumstances that leave us feeling isolated, overwhelmed, and even hopeless. Support groups are a great way to find connection, hope and guidance in areas such as mental health, grief and identity.





**Life Groups take connection one step further.** Pursuing deep and intentional community, where you are committed to being in ongoing relationships with Jesus and one another in your discipleship journey. By participating in an in-person or online group, you can expect to connect with others through a common activity, engaging in life-giving conversation and study that will grow your walk with Jesus.

**Find a group or start one today!**





We all face challenges and life circumstances that leave us feeling isolated, overwhelmed, and even hopeless.

Support groups are a great way to find connection, hope and guidance in areas such as mental health, grief and identity.

**For more information  
or to ask questions  
email: [care@spac.ca](mailto:care@spac.ca)**



# SUPPORT GROUPS

## GriefShare



**Weekly: Tuesdays 7pm**

**Starting January 28**

Find support, comfort, and community with others who have experienced bereavement and discover how God can give you peace and hope through your grieving.

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## Grief & Loss Recovery



**Weekly: Tuesdays 7pm**

**Starting February 11**

An action based program that helps process pain and find a path of recovery from over 40 different types of grief and loss. This program requires a commitment to all 8 weeks. The course is demanding but well worth the effort of the work both in and out of class.

# SUPPORT GROUPS

## Identity Course Who you say I am



### **Weekly: Tuesdays 7pm** **Starting January 28**

It is possible to move away from questions like Am I enough? Do I measure up? Am I significant? This course explores the foundational concepts of Christian identity as presented in the biblical book of Ephesians

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## The Sanctuary Mental Health Course



### **Weekly: Tuesdays 7pm** **Starting February 11**

Whether you're struggling with mental health or are supporting someone who is, the church is a safe place of belonging, support and hope. This group opens up conversations around 8 key mental health topics using The Sanctuary Course material.

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## Healthy Relationships



### **Weekly: Tuesdays 7pm** **Starting January 28**

What are healthy relationships and how do they grow? Receive solid biblical guidance in building life-giving relationships----from friendships to work relationships to romance.

## Seniors Connect



**Seniors Connect is a monthly opportunity for seniors to connect with other seniors.**

## Winter Dates

**Tuesday, February 11th at 1pm**

**Tuesday, March 11th at 1pm**

**If you require assistance registering please reach out to us or stop by the Connection desk.**

**Visit [spac.ca/seniors](https://spac.ca/seniors) for more information & to register.**





## Medium Size Groups

# Feeling new or disconnected?

Medium-sized groups are a great place to start! Find a group that's right for you and join others who are doing the same.

**Find a group or  
start one today!**



## Wednesday Gents



## Wednesdays at 7pm Calling men ages 30+

We read through a book of the Bible, applying what we read into our walk as men/husbands /fathers /employees.

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## Boomers



## Monthly at 7pm Age 55-70ish

Are you part of this active, lively generation? Come and join in as we gather for a great time of connection.

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## DayBreak



## Wednesdays at 9:30am Women in all life stages

A time for connection, community, and conversation around daily life and faith

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## Man to Man



## Saturdays at 9am Multi-generational

We gather weekly and explore relevant issues of life and faith through video teaching and lively conversation.

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## Wednesdays Women's Walk & Run



## Wednesdays at 7:30pm Women in all life stages

Rain or shine we meet at the church front door and walk or run for half an hour and then chat after! Drop-ins always welcome.

## The Existence of God (Apologetics)



## Monthly at 7pm

### Big Questions

This series welcomes everyone, from non-believers to mature believers, to ask honest questions and examine key arguments for God's existence in a thoughtful and supportive environment. Meets once a month on Tuesdays.

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## How to Read the Bible



## Bi-Weekly

### Study the Bible together

The Bible is God's Word, providing a foundation for a deep relationship with Jesus. Join us as we study a Book of the Bible together, learning and discussing to better understand and apply God's Word in our lives.

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## Alpha



## Weekly on Thursdays

### Starting Feb 6

Alpha is a place to explore the Christian faith with others. Each session has time for connection, a short video, and space to discuss and ask questions. No question is too complex or too simple.



## Professional & Leadership



## Monthly at 7pm Women's Network

A group to support, encourage and do life with women, as we navigate the role of a career and professional woman. We meet on the fourth Thursday of each month!

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## Noon Prayer Meeting



## Weekly Tuesdays at Noon

This is your invitation to come and join in with others from our church community to seek God together. This will be a time and space to seek the tangible presence of God, to be transformed by meditation on His Word, and to partner with His will through intercession for His world.

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## Young Adults



## Every 2nd Monday 18-29 year olds

Experience meaningful connections and engaging discussions as we journey together in faith and life.

## ARTalk



## Monthly

### Calling all Artists

We gather monthly to be inspired as a community of artists learning the value of using our gifts in the kingdom of God.

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## Mens PickleBall



## Weekly

### Men 30+

Strengthening and building our Christian community in the Sherwood Park area, one pickleball game at a time.

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## Drop in Basketball co-ed



## Saturdays at 7:30pm

### Men and Women 30+

Come and connect playing basketball Saturday evening after the service.

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## The Way Gaming



## Monthly

### ALL AGES

We love video games and love getting to know fellow gamers. We host community gaming events & tournaments.

# PRAYER

## Noon Prayer Meeting

### Every Tuesday at Noon in the Auditorium

This is your invitation to come and join in with others from our church community to seek God together.

This will be a time and space to seek the tangible presence of God, to be transformed by meditation on His Word, and to partner with His will through intercession for His world.

Just good ol'prayer together over the lunch hour.  
Come when you can, leave when you have to.

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## Save the Date

### Prayer for All Nations

Prayer gathering & lunch. March 2nd  
Details & Registration coming soon!

## Need Prayer?

## Text 587-905-0058



# KIDS MINISTRY



**SAVE THE DATE**  
**February 28th!**

Kids Night is back!

**Kids Kindergarten to Grade 6**, join us for a fun night out at church with gym games, activities, and snacks!

Registration opens in January!



# KIDS MINISTRY

Kids Ministry is available to all children (infant-Grade 6) during the service on **Saturdays at 6pm** and **Sundays at 10am**.

Your kids can learn about Jesus in a fun and safe environment and gain an understanding of how God is at work in their lives and the world around them. All while you enjoy the church service!

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## CHILD DEDICATION

Child Dedication is a way to acknowledge our dependence on the leadership and guidance of the Holy Spirit as we do our best to be an example and lead our children into a relationship with Jesus.

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## DAYBREAK & BUDDY BREAK

**Wednesdays at 9:30am**

**A medium sized group for women in all stages of life.**

A time for connection, community, and conversation around daily life and faith.

Childcare is provided by Buddy Break for children 0-Kindergarten.



# VOLUNTEER OPPORTUNITIES in Kids Ministry

We are looking for volunteers to help in our Kids Ministries! Weekly, bi-weekly, monthly, and on-call positions are available.



## CLASSROOM VOLUNTEER

If you love spending time with kids and sharing Jesus' love, join our team! We have leader and helper positions available during weekend services (Nursery to Grade 6) .



## SUPPORT TEAM

If you enjoy organizing, preparing, and helping with activities, you can support our team by ensuring supplies are ready, sanitized, and in order while keeping our space safe and clean.



## WELCOME TEAM

Assist with check-ins and create a warm, friendly first impression for families. You'll play a key role in ensuring families feel at ease and valued from the moment they arrive.



## WEEKDAY VOLUNTEER Buddy Break

We are looking for regular and casual volunteers. It runs every Wednesday from 9:00-11:15 am serving the moms and kids of our church and community.

# TREEHOUSE PRESCHOOL

TREEHOUSE  
PRESCHOOL

**OPEN  
HOUSE**

January 21, 2025

[spac.ca/treehouse](https://spac.ca/treehouse)



SHERWOOD PARK  
ALLIANCE CHURCH

**Sherwood Park Alliance Church has a preschool!**  
TreeHouse Preschool is a faith-based, government  
licensed preschool in Sherwood Park.

**Learn more about  
our preschool here**



# SPAC YOUTH

## Weekly Gatherings

**Sr. High (Gr 9-12) - Tuesdays**

**Jr. High (Gr 6-8) - Wednesday**

Please note **Grade 6 students** are welcome to join the Jr. High Weekly Gatherings on Wednesday Night starting January 2025!

BREATHE DEEP AND KNOW THAT HE IS GOOD  
HE'S A LOVE LIKE NO OTHER

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## Wednesday Workout

Wednesdays from 3:30pm -5:00pm  
SCA fitness room for Youth Workout.  
Grade 7 - Grade 12

This program is designed for all teens - no matter how much workout experience they may have.

Registration & Waiver Required.

**\*Please note that this program is only for youth who attend SCA.**





# SPAC YOUTH WINTER SPECIAL EVENTS

## JR. HIGH RETREAT



January 3-5

**Registration now open**

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## LAUNCH PAD



Wednesday, February 12, 2025

This event is open to all youth, grades 6-12. \$25 per student.

**Registration opens January 10th**

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# NEXT STEPS

BECOME A MEMBER AT SHERWOOD PARK ALLIANCE CHURCH

## MEMBERSHIP CLASS



Membership not only deepens your connection to our community but also empowers you to actively participate in what God is doing here.

**If you believe in our mission, take the next step and become a member.**



## Pizza with the Pastor

*New or Feel New?*

If you are new or feel new, join us to learn more about our church. Discover how to get connected and enjoy the opportunity to meet others.



# Baptism

## FEBRUARY 8TH & 9TH

### Are You Ready?

When we re-orient our lives around living and loving like Jesus, we are made new. Baptism is a celebration of this commitment and a time to share how God is transforming us.

Visit [spac.ca/baptism](https://spac.ca/baptism) for more information

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## BAPTISM PREP CLASSES

If you've been considering baptism as your next step in faith or you want to know why baptism is an essential next step in a believer's life – you are invited to attend one of our Baptism Prep Classes.

**In person:** Saturday, January 25th at 5pm

**Online:** Sunday, Janaury 26th at 1pm





780-467-8404



[spac.ca](https://spac.ca)



[general@spac.ca](mailto:general@spac.ca)



[@sherwoodparkalliance](https://www.instagram.com/sherwoodparkalliance)



[@sherwoodparkalliance](https://www.youtube.com/sherwoodparkalliance)

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If you are reading this, know that you are being prayed  
for & you are loved. -The SPAC Staff